

Self Advocacy Seminar with Terri Wilcox.

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Who? Any active IDB VR or IL client.

What? 2-hour class – One hour devoted to reading and discussion of an article or story and the other hour devoted to braille review. Anyone can join in

for the discussion and excuse themselves for the braille lesson, but it is encouraged to participate in both. Anyone at ANY LEVEL can participate.

Where, When?

Mondays

Independent Living Group

2:30 – 4:00 via zoom or phone:

<https://us02web.zoom.us/j/83034576656?pwd=w1IGzNNslb6eRSDkiyzT6Hi5au4b6H.1>

+13126266799,,83034576656#

Passcode: 285561

Tuesdays

10:00 – 12:00 – via zoom or phone

Zoom: <https://us02web.zoom.us/j/83169692272?pwd=og0R1IFYwPcewQTzEgAgGQECCws0Y7.1>

Phone: +13126266799,,83169692272#

Passcode: 834650

Wednesdays

9:00 – 11:00 – in person, Des Moines, Iowa Department for the Blind, 524 4th St.

Why?

list of 3 items

- Increase braille skills more quickly than working with your Vocational Rehabilitation Teacher or Independent Living Teacher solely
- Networking – You can meet and interact with others who are going through similar experiences
- General Blindness Education - Story or article and discussing what you've learned from it or how you can apply it to your life

list end

How? Contact Terri Wilcox: (515) 452-1333,

Terri.Wilcox@blind.state.ia.us.

Please contact Terri before attending your first session.