

Self Advocacy Seminar with Terri Wilcox.

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Who? Any active IDB VR or IL client.

What? 2-hour class – One hour devoted to reading and discussion of an article or story and the other hour devoted to braille review. Anyone can join in

for the discussion and excuse themselves for the braille lesson, but it is encouraged to participate in both. Anyone at ANY LEVEL can participate.

Where, When?

Mondays

10:00 – 12:00 via phone 1-877-304-9269 Then, put in the conference code, 281-1654#

Independent Living Group

2:30 – 4:00 via phone 1-877-304-9269 Then, put in the conference code. 2811654#

Tuesdays

10:00 – 12:00 – via phone 1-877-304-9269. Then, put in the conference code,3720787#

Wednesdays

9:00 – 11:00 – in person, Des Moines, Iowa Department for the Blind, 524 4th St.

If you are programming the conference line number into your phone, put in the 877 number, two commas, and then the code.

Why?

list of 3 items

- Increase braille skills more quickly than working with your Vocational Rehabilitation Teacher or Independent Living Teacher solely
- Networking – You can meet and interact with others who are going through similar experiences
- General Blindness Education - Story or article and discussing what you've learned from it or how you can apply it to your life

list end

How? Contact Terri Wilcox: (515) 452-1333,

Terri.Wilcox@blind.state.ia.us.

Please contact Terri before attending your first session.