

Key Iowa 24/7 Crisis Hotlines

988 Suicide & Crisis Lifeline	Call or Text to 988
Veterans Crisis Line	Call 988 then Press 1, chat online, or text 838255
988 Lifeline ofrece 24/7, servicios gratuitos en español	Llame al 988 988 o al 888-628-9454
Your Life Iowa	Call: (855) 581-8111 or Text: (855) 895-8398

Key Iowa Stress Hotlines

Iowa Concern (24/7)	Call 800-447-1985
Iowa Warm Line	Call 1-844-775-9276

ISU and Story County Community Resources

Student Counseling Services at <https://www.counseling.iastate.edu/>

Story County Therapy Options at www.counseling.iastate.edu/wp-content/uploads/2022/10/Story-Co-Fall-2022-Community-Provider-List_.pdf

ISU Human Sciences Extension and Outreach Mental Health and Wellbeing
<https://www.extension.iastate.edu/humansciences/mental-health-and-wellbeing>

Key Iowa MH/DD Mental Health Providers* By Region

<https://iowamhdsregions.org/>

Iowa MHDS Regions work with care providers across the state to ensure persons are not alone when it comes to addressing concerns with brain health, personal wellbeing, developmental disabilities, addiction and more. Iowa MH/DD also help to ensure that a range of affordable, well-organized and high-quality health services are available, wherever and whenever a person needs them.

*The following list is not exhaustive, but provides information on the key mental health providers in each Iowa MH/DD Region.

Central Iowa Community Services (CICS)

Serving Boone, Cerro Gordo, Franklin, Greene, Hamilton, Hancock, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, Webster, & Wright Counties.

Visit www.iowamhdsregions.org/regions/central-iowa-community-services/

If you are experiencing a mental health crisis, please call 988. If an emergency is life threatening, call 911 or go to the nearest hospital emergency room.

UnityPoint Health – Berryhill Center

720 Kenyon Road, Fort Dodge, IA

Phone: 515-955-7171 or 800-482-8305

www.unitypoint.org/fortdodge/berryhill-center-of-mental-health.aspx

Outreach offices in Algona, Clarion, Hampton, Humboldt, Pocahontas, Sac City, Storm Lake & Webster City.

Capstone Behavioral Healthcare

306 N. 3rd Ave. E, Newton, IA

Phone: 641.792-4012

www.capstonebh.com/

Outreach office in Grinnell

Center Associates

9 North 4th Ave., Marshalltown, IA

Phone: 641-752-1585

After Hours Emergency Number: 641-752-8467

www.centerassoc.com/

Outreach office in Toledo

Mary Greeley Medical Center

1111 Duff Ave., Ames IA

Adult Behavioral Unit - 515.239.2683

Emergency Room - 515.239.2155

www.mgmc.org/medical-services/behavioral-health/

Peace of Mind Counseling Services

117 Buxton Street, Indianola, IA

Phone: 515-962-5561

<https://peaceofmindindianola.com/>

Catholic Charities

2210 Lincoln Way, Ames, IA

Phone: 515-296-2759

www.catholiccharitiesdubuque.org/

Prairie Ridge Integrated Behavioral Healthcare

320 N. Eisenhower Ave., Mason City, IA

Phone: 641-424-2391

prairieridge.net/

Outreach Offices in Algona, Charles City, Forrest City & Hampton.

UnityPoint Health - Eyerly Ball

945 19th Street, Des Moines, Iowa or

1301 Center Street, Des Moines, IA

Phone: 515-241-0982

eyerlyball.org/

Outreach offices in Ames, Boone & Indianola

Achieve Mental Health Inc.

814 Railroad St., Iowa Falls

Phone: 641-648-4010

www.achievementalhealth.com/

Crossroads Behavioral Health

1223 E. Buchanan St., Winterset, IA

Phone: 515-462-3105

www.crossroadsbh.org/

Midwest Counseling

821 5th Ave., Grinnell, IA

Phone: 319-668-1217

www.midwestcounselingllc.com/

Optimae Life Services

1730 1st Ave. E, Newton, IA

Phone: 641-787-9133 or

104 S. Hazel, Ames, IA

Phone: 515-956-2600

www.optimaelifeservices.com/

Lutheran Services in Iowa

1323 Northwestern Ave., Ames, IA

Phone: 515-232-7262

Website: lsiowa.org/

Youth and Shelter Services

Family Counseling Clinic

125 South 3rd St., Ames, IA

Phone: 515-233-2250

www.yss.org/

Orchard Place/Child Guidance

808 5th Ave., Des Moines, IA

Phone: 515-244-2267

www.orchardplace.org/

Polk County MHDS Region

Serving Polk County.

Visit www.polkcountyiowa.gov/behavioral-health-disability-services/

For non-emergency mental health needs, visit behavioral health urgent care or contact the Resource & Referral Line at 515-288-0818.

If you are experiencing a mental health crisis, please call 988. If an emergency is life threatening, call 911 or go to the nearest hospital emergency room.

Broadlawns Medical Center

1801 Hickman Rd., Des Moines, IA
Phone: 515-282-2449

www.broadlawns.org/mental-health-services.cfm

UnityPoint Health - Eyerly Ball

945 19th Street, Des Moines, Iowa or
1301 Center Street, Des Moines, IA
Phone: 515-241-0982

eyerlyball.org/

UCS Healthcare

4809 Franklin Ave., Des Moines, IA
Phone: 515-280-3860

www.ucsonline.org/

Outreach offices in Ames, **Ankeny**, Carroll, Atlantic &
Cedar Rapids

Children & Families of Iowa

1111 University Ave., Des Moines, IA
Phone 515-288-1981

cfiowa.org/programs/mental-health/

Outreach offices in **Ankeny, Des Moines (Northside)**,
Fort Dodge, Osceola, & Ottumwa

Orchard Place/Child Guidance

808 5th Ave., Des Moines, IA
Phone: 515-244-2267

www.orchardplace.org/

Lutheran Services in Iowa

3125 Cottage Grove Ave., Des Moines, IA
Phone: 515-274-4946

lsiowa.org/

Catholic Charities

601 Grand Ave, Des Moines, IA
Phone: 515-244-3761

Website: www.catholiccharitiesdm.org/

Des Moines Pastoral Counseling Center

8553 Urbandale Ave., Urbandale, IA
Phone: 515-274-4006

dmpcc.org/

Southwest Iowa MHDS Region

Serving Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie & Shelby Counties.

Visit swiamhds.com/

If you are experiencing a mental health crisis, please call 988. If an emergency is life threatening, call 911 or go to the nearest hospital emergency room.

CHI Health Clinic Psychiatric Associates (Mercy Council Bluffs)

801 Harmony, Suite 302, Council Bluffs, IA
Phone: 712- 328-2609
www.chihealth.com/

Waubonsie Mental Health Center

216 West Division, Clarinda, IA
Phone: 712-542-2388
www.waubonsiemhc.com/

Outreach offices in
Shenandoah - Phone: 712-81-7900
Red Oak - Phone: 712-581-7900

CHI Health Mercy Council Bluffs

800 Mercy Dr., Council Bluffs, IA
Phone: 712-328-5000
www.chihealth.com/en/services/behavioral-care.html

Heartland Family Service

2101 S 42nd Street, Omaha, NE
Phone: 402-552-7400 or 877- 553-3001
Outreach offices in Glenwood - Phone: 712-527-2177
and Logan - Phone: 712-644-2946
heartlandfamilyservice.org/

Children's Square

North 6th St. & Ave. E, Council Bluffs, IA
Phone: 712-322-3700
childrensquare.org/programs/behavioral-health/outpatient-services/

Family Connections, Inc.

64 4th St., Woodbine, IA
Phone: 712-256-4420
familyconnectionsowa.com/

CHI Psychiatric Associates (Missouri Valley)

704 North 8th St., Missouri Valley, IA
Phone: 712- 642-9246
www.chihealth.com/

Burgess Mental Health

1600 Diamond St., Onawa, IA
Phone: 712-423-2311
www.burgesshc.org/services/mental-health/

Clarinda Mental Health Center

400 W Glenn Miller Dr., Clarinda, IA
Phone: 712-542-8354
www.clarindahealth.com/clarinda-mental-health-center

Myrtue Medical Center Behavioral Health

1213 Garfield Ave, Harlan, IA
Phone: 712-755-5056 or 712-755-4315
www.myrtuemedical.org/our-services/behavioral-health

Catholic Charities

1215 N. Broadway, Council Bluffs, IA
Phone: 515-237-5045 or 712-256-2059
www.catholiccharitiesdm.org/our-services/counseling/

Zion Integrated Behavioral Health Services

2307 Olive Street., Atlantic, IA
Phone: 712-243-5091
zioniowa.org/swimhc/
Outreach Offices in Adair, Adel, Clarinda, Perry, Red Oak,
Shenandoah, & Woodward

Heartland Family Services

515 E. Broadway, Council Bluffs, IA
Phone: 712-322-1407
www.heartlandfamilyservice.org/
Main Office in Omaha, NE

Sioux Rivers Regional Mental Health and Disabilities Services

Serving Dickinson, Emmet, Lyon, O'Brien, Plymouth & Sioux Counties.

Visit www.siouxrivers.com/

If you are experiencing a mental health crisis, please call 988. If an emergency is life threatening, call 911 or go to the nearest hospital emergency room.

Plains Area Mental Health Center

180 10th St. SE, Suite 201, Le Mars, IA
Phone: 712-546-4624 or 800-325-1192

www.plainsareamentalhealth.org

Outreach offices in Carroll, Cherokee, Denison,
Emmetsburg, Ida Grove, Lake City, Storm Lake,
Jefferson, Sac City & **Spirit Lake**

Siouxland Mental Health Center

625 Court Street, Sioux City, IA
Phone: 712-252-3871

www.siouxlandmentalhealth.com/

Outreach office in Merville.

Foundations Mental Health Center

620 S Rustin St., Sioux City, IA
Phone: 712-252-7170

foundationsmhc.com/

Creative Living Center

1905 10th Street, Suite 201, Rock Valley, IA
Phone: 712-476-5245

www.creativelivingcenterpc.com/site/

Satellite office in **Rock Rapids**

Seasons Center for Behavioral Health

201 East 11th Street, Spencer, IA
Phone: 712-262-2922

seasonscenter.org/

Outreach offices in Carroll, **Rock Rapids**, **Sheldon**, Sibley,
Spirit Lake & Storm Lake.

Care Connections of Northern Iowa

Serving Clay, Kossuth, Osceola, Palo Alto, Winnebago & Worth Counties.

Visit nwiacareconnections.org/

Seasons Center for Behavioral Health

201 East 11th Street, Spencer, IA
Phone: 712-262-2922

seasonscenter.org/

Outreach offices in Carroll, Rock Rapids, Sheldon, **Sibley**,
Spirit Lake & Storm Lake.

Lutheran Services in Iowa

1812 24th Ave. W., Spencer, IA
Phone: 712-363-3520

lsiowa.org/

Avera Medical Group - Behavioral Health Clinic

116 E 11th Street, Suite 101, Spencer, IA
Phone: 712-264-3945

www.spencerhospital.org/our-services/specialty-services/

Plains Area Mental Health Center

180 10th St. SE, Suite 201, Le Mars, IA
Phone: 712-546-4624 or 800-325-1192

www.plainsareamentalhealth.org

Outreach offices in Carroll, Cherokee, Denison,
Emmetsburg, Ida Grove, Lake City, Storm Lake,
Jefferson, Sac City & Spirit Lake

Prairie Ridge Integrated Behavioral Healthcare

320 N. Eisenhower Ave., Mason City, IA
Phone: 641-424-2391

prairieridge.net/

Outreach Offices in **Algona**, Charles City,
Forrest City & Hampton.

Heart of Iowa Community Services

Serving Audubon, Dallas & Guthrie Counties.

Visit hicsiowa.org/ or call 515-993-5869

If you are experiencing a mental health crisis, please call 988. If an emergency is life threatening, call 911 or go to the nearest hospital emergency room.

Broadlawns Medical Center

1801 Hickman Rd., Des Moines, IA

Phone: 515-282-2449

www.broadlawns.org/mental-health-services.cfm

UnityPoint Health - Eyerly Ball

945 19th Street, Des Moines, Iowa or

1301 Center Street, Des Moines, IA

Phone: 515-241-0982

eyerlyball.org/

Zion Integrated Behavioral Health Services

2307 Olive Street., Atlantic, IA

Phone: 712-243-5091

zioniowa.org/

Outreach Offices in **Adel**, Clarinda, Greenfield, **Perry**,
Red Oak, Shenandoah & **Woodward**.

Adel Mental Health

309 S.7th St. , Adel ,IA

Phone: (515) 993-1919

www.adelmentalhealth.com

Southern Hills Regional Mental Health

Serving Adair, Adams, Taylor & Union Counties.

Visit: [Website not available at this time.](#)

Crossroads Behavioral Health Services

1003 Cottonwood Rd., Creston, IA

Phone: 641-782-8457 or

405 E. McLane, Osceola, IA

Phone: 641-342-4888 or

102 W. Summit, Winterset, IA

Phone: 515-462-3105

www.crossroadsbhs.org/

CHI Health Mercy Corning Outpatient Specialty Clinic

603 Rosary Dr., Corning, IA

Phone: 641-322-6269

www.chihealth.com/en/services/behavioral-care.html

Rolling Hills Community Service Region

Serving Buena Vista, Calhoun, Carroll, Cherokee, Crawford, Humboldt, Ida, Sac & Woodbury Counties.

Visit www.rollinghillsregion.com/

If you are experiencing a mental health crisis, please call 988. If an emergency is life threatening, call 911 or go to the nearest hospital emergency room.

Plains Area Mental Health Center

180 10th St. SE, Suite 201, Le Mars, IA
Phone: 712-546-4624 or 800-325-1192

www.plainsareamentalhealth.org

Outreach offices in **Carroll, Cherokee, Denison,**
Emmetsburg, **Ida Grove, Lake City, Storm Lake,**
Jefferson, Sac City & Spirit Lake

Jackson Recovery Center

1233 Broadway, Denison, IA
Phone: 712-263-5065

rosecrancejackson.org/

Catholic Charities

1601 Military Road, Sioux City, IA
Phone: 712-252-4547

cathchar.com/

Catholic Charities

1709 E. Richland St., Storm Lake, IA
Phone: 712-792-9597

cathchar.com/

Dean & Associates

3549 Southern Hills Drive, Sioux City, IA
Phone: 712-274-6729

rdeanmd.com/

Siouxland Mental Health Center

625 Court St., Sioux City, IA
Phone: 712-252-3871

www.siouxlandmentalhealth.com

Seasons Center for Behavioral Health

201 East 11th Street, Spencer, IA
Phone: 712-262-2922

seasonscenter.org/

Outreach offices in **Carroll, Rock Rapids, Sheldon, Sibley, Spirit**
Lake & Storm Lake.

Counseling Services, LLC

501 Court Street, Sac City, IA
Phone: (712) 662-3222

Website: None

UnityPoint Health – Berryhill Center

720 Kenyon Road, Fort Dodge, IA
Phone: 515-955-7171 or 800-482-8305

www.unitypoint.org/fortdodge/berryhill-center-of-mental-health.aspx

Outreach offices in Algona, Clarion, Hampton,
Humboldt, Pocahontas, Sac City,
Storm Lake & Webster City.

CROSS Mental Health Region

Serving Clarke, Decatur, Lucas, Marion, Monroe, Ringgold & Wayne Counties.

Visit crossmentalhealth.org/

If you are experiencing a mental health crisis, please call 988. If an emergency is life threatening, call 911 or go to the nearest hospital emergency room.

Capstone Behavioral Healthcare

200 4th Ave W, Grinnell, IA
Phone: 641-260-8270 or
306 N. 3rd Ave. E, Newton, IA
641-792-4012
www.capstonebh.com/
Satellite Office in Grinnell

Crossroads Behavioral Health Services

1003 Cottonwood Rd., Creston, IA
Phone: 641-782-8457 or
405 E. McLane, Osceola, IA
Phone: 641-342-4888 or
102 W. Summit, Winterset, IA
Phone: 515-462-3105
www.crossroadsbhs.org/

Southern Iowa Mental Health Center

1527 Albia Road, Ottumwa, IA 641-682-8772
1229 C Avenue East – Suite #400, Oskaloosa, IA
Phone: 641-672-3159
www.simhcottumwa.org/

Infinity Health

302 NE 14th Street, Leon, IA
Phone: (641) 446-2383
weareinfinityhealth.org/
Outreach offices in **Lamoni** (641)784-7911;
Albia, (641) 932-2065; Centerville (641) 856-6471;
Chariton (641) 774-8484 & **Corydon** (641) 872-1750

Eastern Iowa MHDS Region

Serving Cedar, Clinton, Jackson, Muscatine & Scott Counties

Visit <https://easterniowamhds.org/>

Lutheran Services in Iowa

2107 Cedar Street, Muscatine, IA
Phone: 563-263-5170
lsiowa.org/mental-health-services/

Hillcrest Family Services

2005 Asbury Rd., Dubuque, IA
Phone: 563-583-7357 or 877-437-6333
hillcrest-fs.org/

Vera French Mental Health for Healthy Living

1441 West Central Park Ave., Davenport, IA
Phone: 563-383-1900
www.verafrenchmhc.org/

Bridgeview Community Mental Health Center

1320 19th Ave. NW, Clinton, IA
Phone: 563-243-5633
www.bridgeviewcmhc.com/

Abbe Center for Community Mental Health

520 11th St. NW, Cedar Rapids, IA
Phone: 319-398-3562
www.abbemhc.org/

Eagle View Behavioral Health

770 Tanglefoot Lane, Bettendorf, IA
Phone: 888-252-8490
eagleviewbh.com/about/

Satellite offices: Anamosa, Hiawatha, Independence, Iowa City,
Manchester, Tipton & Vinton.

County Social Services

Serving Allamakee, Black Hawk, Butler, Chickasaw, Clayton, Fayette, Floyd, Grundy, Howard, Mitchell, Pocahontas, Tama & Winneshiek Counties.

Visit www.countysocialservices.org/

If you are experiencing a mental health crisis, please call 988. If an emergency is life threatening, call 911 or go to the nearest hospital emergency room.

Blackhawk – Grundy Mental Health Center

3241 West 9th St., Waterloo, IA
Phone: 319-234-2893

www.unitypoint.org/waterloo/black-hawk-grundy-mental-health-center.aspx

Pathways

3362 University Ave., Waterloo, Iowa
Phone: 319-235-6571

www.pathwaysb.org/

Outreach offices in Waverly, Independence, **Allison & Fredericksburg**

Catholic Charities

1425 Kimball Ave., Waterloo, IA
Phone: 319-272-2080 or
307 W. Main St., Decorah, IA
Phone: 563-382-1231

www.catholiccharitiesdubuque.org/

Prairie Ridge Integrated Behavioral Healthcare

320 N. Eisenhower Ave., Mason City, IA
Phone: 641-424-2391

prairieridge.net/

Outreach Offices in Algona, **Charles City**, Forrest City & Hampton.

Northeast Iowa Behavioral Health

905 Montgomery Street, Decorah, IA
Phone: 563-382-3649 or 319-283-5774 (Available 24/7).

www.neibh.org/

Outreach offices in **Oelwein, Waukon, Elkader, West Union & Cresco**

Center Associates

1309 S. Broadway, Toledo, IA
Phone: 641-484-5234

After Hours Emergency Number: 641-752-8467

www.centerassoc.com/

Lutheran Services in Iowa

304 South St., Waterloo, IA
Phone: 319-233-3579

lsiowa.org/

South Central Behavioral Health Region

Serving Appanoose, Davis, Mahaska & Wapello Counties.

Visit <https://scbhr.net/>

If you are experiencing a mental health crisis, please call 988. If an emergency is life threatening, call 911 or go to the nearest hospital emergency room.

Southern Iowa Mental Health Center

1527 Albia Road, Ottumwa, IA

Phone: 641-682-8772

1229 C Avenue East, Suite #400, Oskaloosa, IA

Phone: 641-672-3159

Website: www.simhcottumwa.org/

First Resources Corporation

102 North Hancock St., Ottumwa, IA

Phone: 641-682-2800

<https://www.firstresources.us/>

Outreach Offices in Bloomfield, **Burlington**,
Centerville, **Fairfield**, **Keosauqua**, Knoxville,

Mount Pleasant, Oskaloosa, Ottumwa,

Sigourney & Washington,

Psychology Services of Ottumwa

226 West Main Street, Ottumwa, IA

Phone: 641-954-9146

<https://www.psychologyservicesottumwa.com/>

Optimae Life Services

226 West Main Street, Suite 201, Ottumwa, IA

Phone: 641.684.6441

Website: www.optimaelifeservices.com/

Infinity Health

302 NE 14th Street, Leon, IA

Phone: (641) 446-2383

Website: weareinfinityhealth.org/

Satellite offices in:

Lamoni (641)784-7911; Albia, (641) 932-2065

Centerville (641) 856-6471; Chariton (641) 774-8484 &

Corydon (641) 872-1750

Four Oaks

400 Kirkwood Blvd SW, Cedar Rapids, IA

Phone: 319-364-0259

<https://fouroaks.org/>

Satellite offices: Dubuque, Grinnell, Independence, Iowa City,
Marion, Marshalltown, Fredericksburg, Mason City, Newton,

Ottumwa, Waterloo, Winterset & West Des Moines

Mental Health/Disability Services of the East Central Region

Serving Benton, Bremer, Buchanan, Delaware, Dubuque, Iowa, Jones, Johnson & Linn Counties

Visit ecriowa.org/

If you are experiencing a mental health crisis, please call 988. If an emergency is life threatening, call 911 or go to the nearest hospital emergency room.

Pathways

3362 University Ave., Waterloo, Iowa
Phone: 319-235-6571

www.pathwaysb.org/

Outreach offices in Allison, Fredericksburg, Independence & Waverly.

Abbe Center for Community Mental Health

520 11th St. NW, Cedar Rapids, IA
Phone: 319-398-3562

www.abbemhc.org/

Satellite offices: Anamosa, Hiawatha, Independence, Iowa City, Manchester, Tipton & Vinton.

Hillcrest Family Services – Community Mental Health Center

2435 Hillcrest Rd., Dubuque, IA
Phone: 563-583-7357 Toll Free: 877-437-6333

hillcrest-fs.org/

Outreach offices in Maquoketa, Mount Pleasant, Wapello Washington.

CommUnity Crisis Center and Food Bank

1121 S. Gilbert Court, Iowa City, IA
Crisis Phone/Text: 1-855-325-4296

Local Crisis Line: 319-351-0140

Business Line: 319-351-2726

builtbycommunity.org/

Four Oaks

400 Kirkwood Blvd SW, Cedar Rapids, IA
Phone: 319-364-0259

<https://fouroaks.org/>

Outreach offices: Dubuque, Grinnell, Independence, Iowa City, Marion, Marshalltown, Fredericksburg, Mason City, Newton, Ottumwa, Waterloo, Winterset & West Des Moines

Foundation 2 Crisis Services
1714 Johnson Ave. NW, Cedar Rapids, IA
Crisis Center: (319) 362-2174 or 1-800-332-4224 Website:
www.foundation2.org/

Optimae Life Services

1121 Shirken Drive, Iowa City, IA
Phone: (319) 337-2008

www.optimaelifetimeservices.com/

Catholic Charities

1229 Mount Loretta Ave., Dubuque, IA
Phone: 563-588-0558 or Toll-Free: 800-772-2758

www.catholiccharitiesdubuque.org/

Lutheran Services in Iowa

106 16th St. S.W., Waverly, IA
Phone: 319-352.2630

lsiowa.org/

Tanager Place

2309 C Street NW, Cedar Rapids, IA
Phone: 319-365-9164

tanagerplace.org/

Outreach office in Coralville

Southeast Iowa Link (SEIL)

Serving Des Moines, Henry, Jefferson, Lee, Louisa, Van Buren, & Washington Counties.

Visit <https://seiowalink.org/>

If you are experiencing a mental health crisis, please call 988. If an emergency is life threatening, call 911 or go to the nearest hospital emergency room.

Optimae Life Services

823 North Sixth Street, Suite 1, Burlington, IA
Phone: 319-754-4618
www.optimaelifeservices.com/

Hillcrest Family Services

2005 Asbury Rd., Dubuque, IA
Phone: 563-583-7357 Toll Free: 877-437-6333
hillcrest-fs.org/

Outreach offices in Maquoketa, **Mount Pleasant, Wapello
Washington.**

Counseling Associates

1522 Morgan Street, Keokuk, IA
Phone: 319-524-0510
1014 Avenue H, Fort Madison, IA
Phone: 319-372-7689
www.counselingassociatesonline.com

Young House Family Services

629 Blondeau Street, Suite 201
Keokuk, IA 52632
Phone: 319-524-2386
www.younghouse.org/

Optimae Life Services

605 East Winfield Avenue, Mount Pleasant, IA
Phone: 319-385-2830
www.optimaelifeservices.com/

First Resources Corporation

102 North Hancock St., Ottumwa, IA
Phone: 641-682-2800
www.firstresources.us/services/-mental-health-services

Outreach Offices in Bloomfield, **Burlington,**
Centerville, **Fairfield, Keosauqua,** Knoxville,
Mount Pleasant, Oskaloosa, Ottumwa,
Sigourney & Washington,

Great River Medical Center

Mercy Plaza, Ste. 251, 1225 S. Gear Ave., West Burlington
Phone: (319) 768-3700
www.greatriverhealthsystem.org/Health-Services/Mental-Health.aspx

Compassionate Counseling

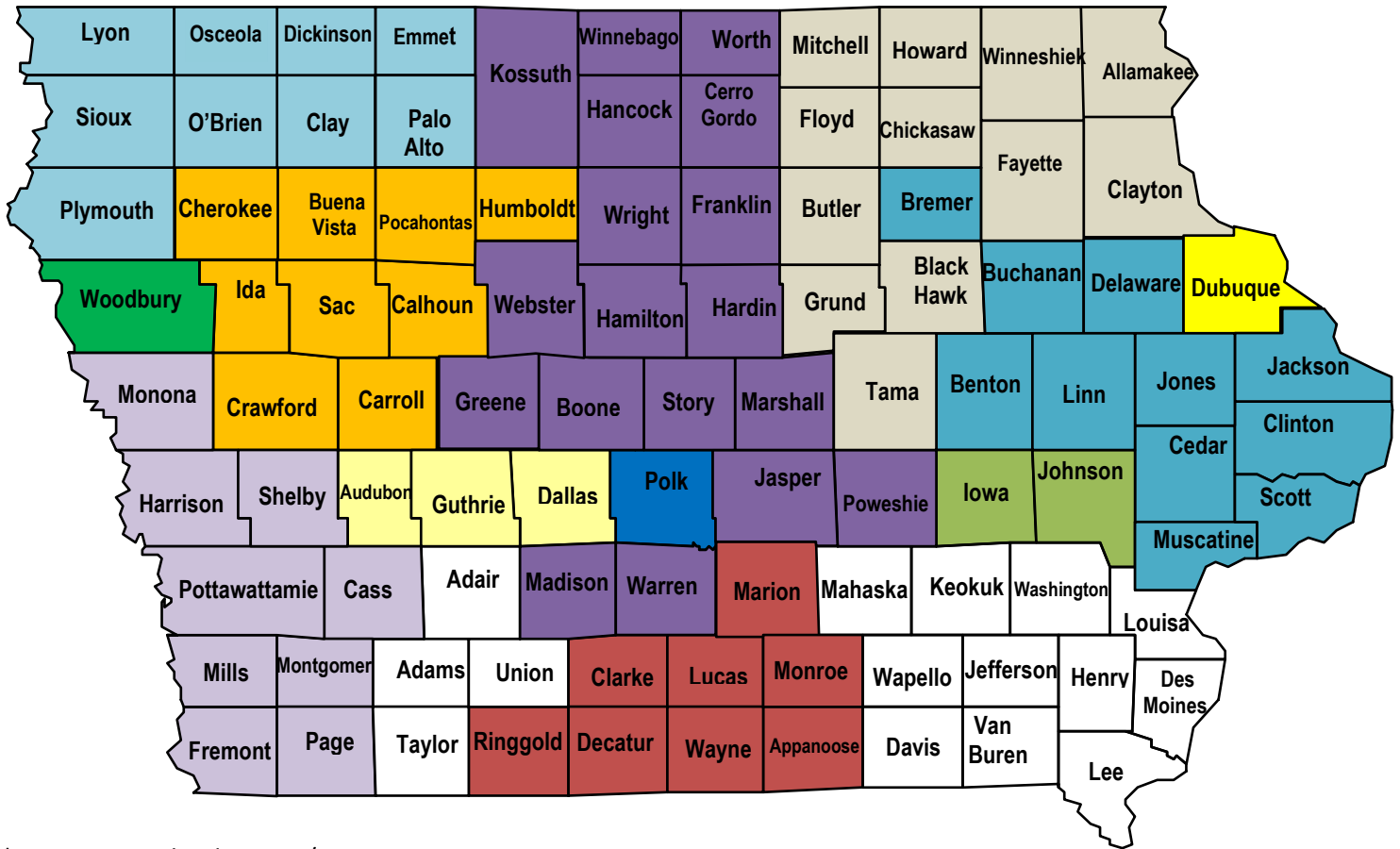
402 North B St., Suite #104, Fairfield, IA
Phone: 641-454-5054
iowa-counseling.com/

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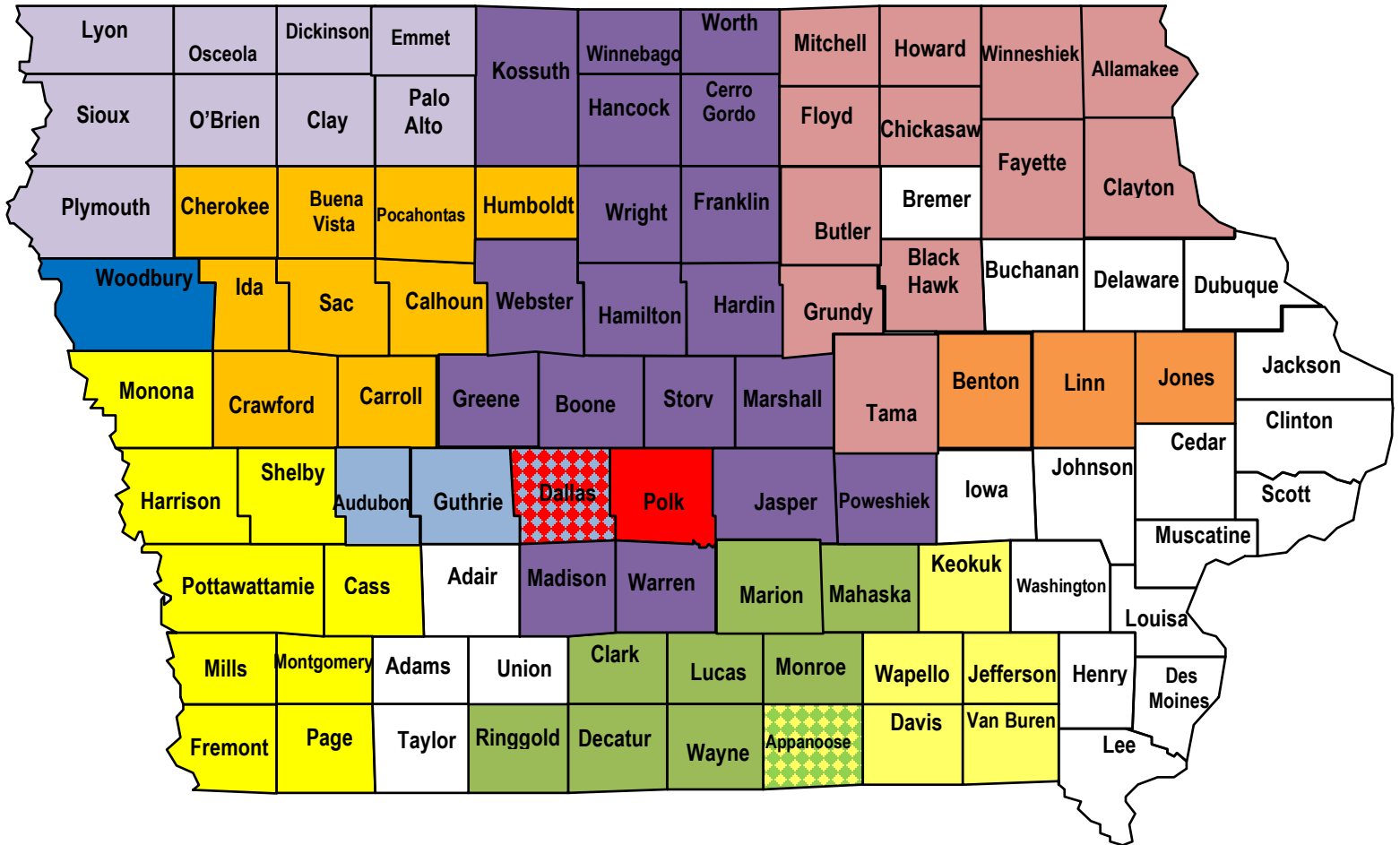
Mobile Crisis Response



*Not yet accredited, not 24/7 coverage

	Mobile Crisis Provider	Counties Served	Contact Information
	Broadlawns*	Polk	911
	CommUnity	Iowa, Johnson	855-800-1239
	Infinity Health	Appanoose, Clarke, Decatur, Lucas, Marion, Monroe, Ringgold, Wayne	641-342-1742
	Elevate	Allamakee, Black Hawk, Butler, Chickasaw, Clayton, Fayette, Floyd, Grundy, Howard, Mitchell, Tama, Winneshiek	855-581-8111
	Eyerly Ball	Boone, Cerro Gordo, Franklin, Greene, Hamilton, Hancock, Hardin, Jasper, Kossuth, Madison, Marshall, Poweshiek, Story, Warren, Webster, Winnebago, Worth, Wright	855-581-8111
	Foundation 2	Cedar, Clinton, Jackson, Muscatine, Scott	844-430-0375
		Benton, Bremer, Buchanan, Delaware, Jones, Linn	855-581-8111
	Heartland Family Service	Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, Shelby	911
	Hillcrest	Dubuque	563-583-7357
	Plains Area Mental Health Center	Buena Vista, Calhoun, Carroll, Cherokee, Crawford, Humboldt, Ida, Pocahontas, Sac	888-696-2896
	Zion	Audubon, Dallas, Guthrie	911
	Seasons Center	Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Plymouth, Sioux	844-345-4569
	Siouxland Mental Health Center	Woodbury	888-696-2896

Crisis Stabilization Community-Based Services (CSCBS)



CSCBS Provider		Counties Served	Contact Information
	Infinity Health	Appanoose, Clarke, Decatur, Lucas, Mahaska, Marion, Monroe, Ringgold, Wayne	641-342-1742 (Osceola) 641-828-6208 (Knoxville)
	Eyerly Ball	Boone, Cerro Gordo, Franklin, Greene, Hancock, Hamilton, Hardin, Jasper, Kossuth, Madison, Marshall, Poweshiek, Story, Warren, Winnebago, Webster, Worth	844-581-8111
	Elevate CCBHC	Allamakee, Black Hawk, Butler, Chickasaw, Clayton, Fayette, Floyd, Grundy, Howard, Mitchell, Tama, Winneshiek	855-581-8111
	Foundation 2	Benton, Jones, Linn	855-581-8111
	Zion Integrated Behavioral Health*	Audubon, Dallas, Guthrie	911
	American Home Finding Association <i>(Under 18 years old)</i>	Appanoose, Davis, Jefferson, Keokuk, Van Buren, Wapello	641-937-5272
	Easterseals Iowa	Polk, Dallas	515-288-0818
	Siouxland Mental Health Center	Woodbury	888-696-2896
	Plains Area Mental Health Center	Buena Vista, Calhoun, Carroll, Cherokee, Crawford, Humboldt, Ida, Pocahontas, Sac	888-696-2896
	Seasons Center*	Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Plymouth, Sioux	844-345-4569
	Heartland Family Service	Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, Shelby	911

* working on accreditation